

# SENIOR CURRENTLY IN GRADE 7 TEAM MEETING

SUNDAY  
MARCH 9TH

MILL CREEK



COUGARS

AT ARCHBISHOP MURPHY HS

6:30PM - 7:30PM

ADMISSION IS FREE, BRING THE WHOLE FAMILY

## ACTIVITIES:

- DESSERTS! 🍦
- MEET YOUR TEAMMATES
- MEET THE COACHES
- TRY ON FOOTBALL GEAR
- COACHES DEMONSTRATIONS
- PROPER FOOTBALL TECHNIQUE
- FOOTBALL SAFETY
- Q&A



MILL CREEK YOUTH  
FOOTBALL LEAGUE

[WWW.MILLCREEKCOUGARS.ORG](http://WWW.MILLCREEKCOUGARS.ORG)